

Chang, E, Kanno, S., Levy, S, Wang, S, Lee, JE, Levy, BR, (2020) Global reach of ageism on older persons health: A systematic review. PLoS ONE 15 (1) e0220857. -

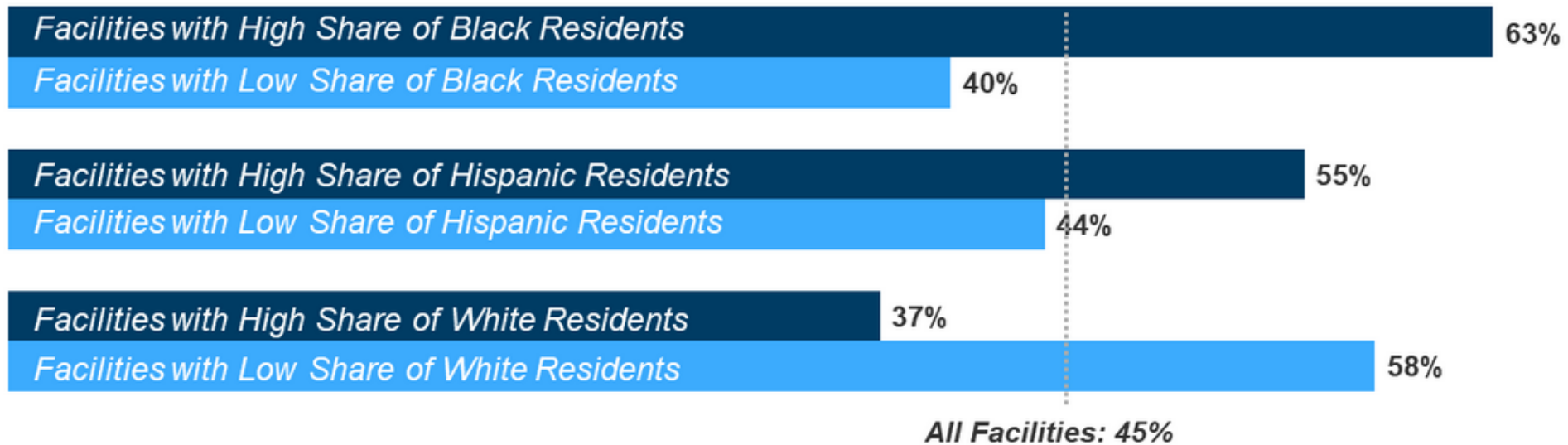
AGESIM REALLY DOES IMPACT CARE

2020 systematic review by Chang and colleagues, ageism led to significantly worse health outcomes in 95.5% of the studies (n=422) examined and in 74% of the ageism health associations examined. They examined both individual and structural ageism.

Figure 1

Nursing Homes With Relatively High Shares of Black or Hispanic Residents Were More Likely To Have At Least One COVID-19 Death

Share of Nursing Homes With At Least One COVID-19 Death (as of October 11, 2020):



NOTES: Includes 13,982 nursing homes for which race/ethnicity data were available for all groups and for which resident cases or deaths were not > total number of beds. High share of Black residents or Hispanic residents refers to 20% or more. High share of White residents is 80% or more. Facilities may fall into more than one of these groups.

SOURCE: KFF analysis of Shaping Long Term Care in America Project at Brown University funded in part by the National Institute on Aging (1P01AG027296), CMS COVID-19 Nursing Home Data (as of October 11, 2020)



Figure 1: Nursing Homes With Relatively High Shares of Black or Hispanic Residents Were More Likely To Have At

Aging

Framing can help address negative attitudes toward aging. FrameWorks' research offers powerful ways to shift thinking about aging and older people.

People are living longer, healthier lives. But ageism stops us from adapting our society to that reality.

Some ways of countering ageism don't work the way we expect. "Super senior" stories featuring tremendous late-life accomplishments do more harm than good. Comparing ageism to racism or sexism also backfires. It leads people to think that ageism isn't as serious as these other forms of discrimination.

Justice



Concepts and ideas included in this frame element:

- A just society treats all members of society as equals.
- Right now our society is not treating older people as equals; in fact, we are marginalizing their participation and minimizing their contributions.
- As equal members of society, older adults have a rightful claim to be full participants in all spheres of life: socially, culturally, economically, and legally.
- To live up to our ideals, we need to reshape society so that older people are fully included in our communities.




User Notes:

- Keep the focus on society's responsibility to treat all people as equals. Avoid slipping into appeals based on compassion, mercy, or the right to dignity, as these can reinforce the notion of older people as "others" and evoke paternalistic attitudes.



Some readings/self-reflection

- **The Time is Always Right to Do What is Right: Revisiting our societal values and strategies in the care of older adults in 2021**
<https://www.healio.com/nursing/journals/jgn>
- **80 above 80** <https://slate.com/human-interest/2020/12/80-over-80-most-influential-hank-aaron-gloria-steinem-buzz-aldrin.html>



Released 4pm, January 21, 2021 Health Affairs online

- Vital Directions for Health and Health Care: Priorities for 2021 considers our nation's current experience with #COVID19, racial health inequities that have been drawn out sharply by the pandemic, and implications going forward for action: nam.edu/VitalDirections #NAMVitalDx

- *Actualizing Better Health and Health Care for Older Adults*

- New! “Actualizing Better Health and Health Care for Older Adults” in @Health_Affairs is part of the #NAMVitalDx initiative! This article proposes policy priorities and steps to help improve the care and quality of life for all older Americans: nam.edu/VitalDirections

- **Figure 1. Readings for Self-Reflection on Racism and Ageism**

- AGING/FRAAMEWORKS INSTITUTE Communication tools
<https://www.frameworksinstitute.org/issues/aging/>
- **Aronson, L (2019) Elderhood: Redefining Aging, Transforming Medicine, Reimagining Life. New York: Bloomsbury.**
- Cadet, D (2020). Your Black Colleagues May Look Like They're Okay – Chances Are They're Not. https://www.refinery29.com/en-us/2020/05/9841376/black-trauma-george-floyd-dear-white-people?fbclid=IwAR0WBKGqQuE0nPMV8pkA6mzJBbRswlywm-4_Ur5b9vXD150NYTCloGxrzRg
- Center for Public Health Practice (Colorado School of Public Health)
<https://registrations.publichealthpractice.org/Training/Detail/211>
- Crenshaw, Kimberlé W., "On Intersectionality: Essential Writings" (2017). Books. 255.
- Fick, DM (2016). The Power of Words: What Can We Learn From the Disabilities Movement? <https://www.healio.com/nursing/journals/jgn/2016-6-42-6/%7Beb0a9a08-5c32-405b-90f4-6528c84f70c1%7D/the-power-of-words-what-can-we-learn-from-the-disabilities-movement>
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- Jackson, A, O'Brien, M, and Fields, R (2020). Anti-Racism and Race Literacy: A Primer and Toolkit for Medical Educators. https://www.facs.org/-/media/files/covid19/ucsf_antiracism_race_literacy_toolkit_medical_educators.ashx
- Kaufman, S R (1996). The Ageless Self: Sources of Meaning in Late Life. Madison: University of Wisconsin Press.
- Kendi, I X (2019). How To Be An Antiracist. New York: Random House.
- Fick, DM. (2016) The Power of Words <https://www.healio.com/nursing/journals/jgn/2016-6-42-6/%7Beb0a9a08-5c32-405b-90f4-6528c84f70c1%7D/the-power-of-words-what-can-we-learn-from-the-disabilities-movement>
- Macdonald, B and Rich, C (1983). Look Me in the Eye: Old Women, Aging and Ageism. San Francisco: Spinsters/Aunt Lute.
- Reframing Aging. Applying Reframed Language to Combat Ageism <https://www.geron.org/programs-services/reframing-aging-initiative>
- Wilkerson, I (2020). Caste: The Origins of our Discontents. New York: Random House