

2-ITEM ULTRA-BRIEF (UB-2) DELIRIUM SCREEN

Quick Guide ©

POSITION	Try to sit at eye level
SENSORY	Be sure sensory aides (glasses, hearing) are in place
WORDING	Please read the script exactly as written

1: Please tell me the day of the week

The participant can check anywhere (e.g., white board, newspaper, etc.), but cannot ask anyone else in the room.

2: Please tell me the months of the year backward, say December as your first month

MISSED MONTH	If participant finished reciting months but missed one or more, it is incorrect and no prompting is allowed.
STUCK	<p>Prompt only with: <i>“what month comes before _____ (last month they said)?”</i></p> <p>Prompt up to two times; if after 2 prompts participant is frustrated, confused, or taking a long time, mark it incorrect and offer them an exit such as, <i>“that’s a tough one, you’re doing well... let’s try the next question.”</i></p>
WRONG TYPE OF ANSWER	If the participant begins at November, starts forward, or begins spelling, assume they don’t understand the question and re-read the instructions once . If the participant is incorrect again, mark it as incorrect but let them finish.

If incorrect on either question, use an additional screening tool to further assess, such as the CAM or 3D-CAM <https://www.hospitalelderlifeprogram.org/request-access/delirium-instruments/>

Remember to avoid correcting or helping the older adult; Inquiries to: Donna Fick
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